

SERMON DISCUSSION GUIDE:

November 16, 2025

Series: Anchored, a study in Ephesians

Title: We are in a Battle

Passage: Ephesians 6:10-20

Read: Ephesians 6:10–12

Key Idea: The Christian life is lived in the middle of an unseen spiritual battle. Our struggle is real—but not against people.

Discuss:

- What was your early understanding of the spiritual realm? How was the “spiritual realm” handled in your family or church growing up?
- What stands out about Paul’s description of the enemy?
- How might remembering the *real* enemy change how you handle conflict?
- Where do you sense spiritual resistance or “schemes” in your life right now?

Read: Ephesians 6:13–17

Key Idea: God gives us His own armor to help us *stand firm*.

Discuss:

- Which piece of armor feels strongest in your life right now? Weakest?
- How does seeing faith as *communal* (shields linked together) encourage or challenge you?
- How can these pieces of armor help you both defend against spiritual attack and live on mission?

Read: Ephesians 6:18–20

Key Idea: Prayer is the action that activates the armor. We pray with perseverance, awareness, and dependence.

Discuss:

- Which of Paul’s “all’s” is hardest for you? (all occasions, all kinds, always alert, all people)
- What does your prayer life reveal about self-reliance vs. dependence on God?
- Who needs your prayer support this week?

Group Prayer: Instead of just talking about prayer today, let’s take some time to pray. As we finish Ephesians, we can look back over themes from the book as a prayer prompt (*The list below are some of the themes from Ephesians*).

What specific prayer requests can we bring forward related to the following?

- Unity in the church
- Christlike marriages & relationships
- Bold witness in the world
- Strength to stand firm
- Courage to pray continually